WOODBINE RECREATION COMMISSION INVITES YOU TO PARTICIPATE IN

**

*

*

*

**

*

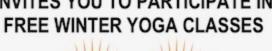
*

*

*

**

*



*

*

*

**

*

**

*

*

*

*

*

*

*

**



We have added new session dates.

Please come and experience the benefits of Yoga for yourself!

WHEN: For January – 1/7, 1/14, 1/21, & 1/28/2025; For February – 2/4, 2/11, 2/18 & 2/25; For March – 3/4, 3/11, 3/18 & 3/25. WHERE: Woodbine Community Center (Located at 812 Longfellow Street) TIME: 5:30 to 6:30 pm

Phyliss Schlegel, certified yoga teacher (KYT-500), will lead this class intended for Adults (18 or older) and suitable for beginner to intermediate students.

Note: Students should bring your own yoga mat to class and arrive 10 minutes prior to start time.
